

Grinning Skull Design Studios

Grim's Amazing D100 Tables

1000 PHOBIAS

FROM THE REAL WORLD
for all RPGs

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Suitable for
ANY GENRE
ROLE-PLAYING
GAME SYSTEM

100 Real world phobias
for PC and NPC creation,
for use with pretty much
any Role Playing Game.

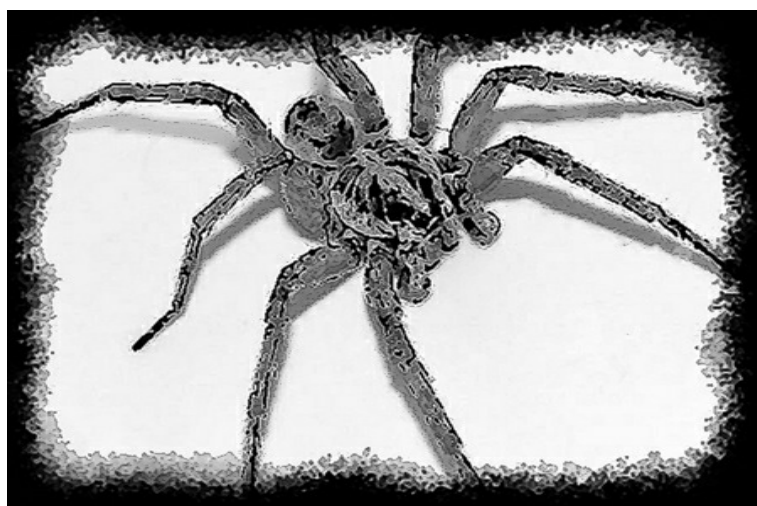
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Grinning Skull Present
Grim's Amazing D100 Tables

100 PHOBIAS

from the real world
For all RPGs



**100 actual real world phobias for PC & NPC creation,
for use with virtually any genre role playing game.**

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Foreword



Welcome to yet another edition of "Grim's Amazing D100 Tables", this time we look at the real world of fears and phobias. This list of phobias are intended to aid GM's and players during character creation, and to use as draw backs to add further depth and opportunities for role playing for both. Each phobia comes with a brief rundown and meaning of the disorder, so that it can better suit the character or NPC that is suffering from it. Further reading is recommended for the serious role player, or those who are curious to find out more. It is true, that these are 100% real phobias and not simply plucked out of the air!

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Grim

Roll D100

1. **Allodoxaphobia:** The fear of opinions. Being afraid of hearing what others think about you.
2. **Samhainophobia:** The fear of Halloween.
3. **Photophobia:** The fear of light caused by something medical in nature or a trauma.
4. **Disposophobia:** The fear of getting rid of items and creates extreme hoarding.
5. **Numerophobia:** The fear of numbers and calculations.
6. **Ombrophobia:** The fear of rain and stormy weather.
7. **Dracophobia:** The fear of Dragon like things.
8. **Thalassophobia:** The fear of the ocean, open water, waves and vast watery spaces.
9. **Scoleciphobia:** The fear of worms. Often because of germs and unhygienic things.
10. **Kinemortophobia:** The fear of zombies and ghouls. Being afraid that their attack will turn you into one of them.
11. **Myrmecophobia:** The fear of ants.
12. **Taphophobia:** The fear of being buried alive by mistake and waking up in a casket underground.
13. **Galeophobia:** The fear of sharks in the water.
14. **Athazagoraphobia:** The fear of being forgotten or forgetting things.
15. **Katsaridaphobia:** The fear of cockroaches. Can lead to OCD.
16. **Iatrophobia:** The fear of doctors and things medical .
17. **Pediophobia:** The fear of creepy dolls.
18. **Ichthyophobia:** The fear of fish. Includes any kind of fish.
19. **Achondroplasiaphobia:** The fear of midgets and little people.
20. **Mottephobia:** The fear of moths.
21. **Zoophobia** – The fear of animals. Applies to both dangerous and harmless animals.
22. **Bananaphobia** – The fear of bananas. .
23. **Sidonglobophobia:** The fear of cotton balls or plastic foams.
24. **Scelerophobia:** The fear of crime, being afraid of burglars, attackers or crime in general.
25. **Cibophobia** – The fear of food. May have developed by a bad food experience.
26. **Phasmophobia:** The fear of ghosts. Also known as Spectrophobia.
27. **Equinophobia:** The fear of horses.
28. **Musophobia** – The fear of mice.
29. **Catoptrophobia:** The fear of mirrors. Being afraid of the reflection.
30. **Agliophobia:** The fear of pain. Being afraid something painful will happen.
31. **Tokophobia:** The fear of pregnancy involves giving birth or having kids.
32. **Pogonophobia:** The fear of beards or being scared of bearded men.
33. **Omphalophobia:** The fear of belly buttons, or touching and/or looking at navels.

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Roll D100

34. **Pseudodysphagia:** The fear of choking, often after a bad experience.
35. **Bathophobia:** The fear of depths, or anything associated with depth (lakes, dungeons, tunnels, caves).
36. **Cacomorphobia:** The fear of fat people.
37. **Gerascophobia:** The fear of getting old.
38. **Chaetophobia** – The fear of hair.
39. **Nosocomephobia:** The fear of medical establishments.
40. **Ligyrophobia:** The fear of loud noises. More than the normal instinctive noise fear.
41. **Didaskaleinophobia:** The fear of school and learning establishments.
42. **Technophobia:** The fear of technology is often induced by culture/religion.
43. **Chronophobia:** The fear of the future. A persistent fear of what is to come.
44. **Spheksophobia:** The fear of wasps.
45. **Ergophobia:** The fear of work and jobs. Often due to social anxiety.
46. **Coulrophobia:** The fear of clowns. It's no laughing matter.
47. **Arachnophobia:** The fear of spiders. Studies show this fear affects women four times more (48% women and 12% men).
48. **Ophidiophobia:** The fear of snakes.
49. **Acrophobia:** The fear of heights. Five out of every 100 of the general population suffer from this phobia.
50. **Agoraphobia:** The fear of open or crowded spaces.
51. **Cynophobia:** The fear of dogs. This includes every type of dog.
52. **Astraphobia:** The fear of thunder and/or lightning.
53. **Claustrophobia:** The fear of small spaces like small rooms and other enclosed spaces.
54. **Mysophobia:** The fear of germs.
55. **Aerophobia:** The fear of flying.
56. **Trypophobia:** The fear of holes is an unusual but very common phobia.
57. **Carcinophobia:** The fear of cancer.
58. **Thanatophobia:** The fear of death. Even talking about it can be hard.
59. **Glossophobia:** The fear of public speaking.
60. **Monophobia:** The fear of being alone. Even while sleeping or eating.
61. **Atychiphobia:** The fear of failure. It is the single greatest barrier to any success.
62. **Ornithophobia:** The fear of birds. Individuals suffering from this may just fear one species (seagulls, pigeons etc.)
63. **Alektorophobia:** The fear of chickens.
64. **Enochlophobia:** The fear of crowds and large numbers of people.
65. **Aphenphosmophobia:** The fear of intimacy. Fear of being touched and love.
66. **Trypanophobia:** The fear of needles.

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Roll D100

67. **Anthropophobia:** The fear of people. Being afraid of any people in any situation.
68. **Aquaphobia:** The fear of water. Being scared of water or being near water.
69. **Autophobia:** The fear of abandonment and being abandoned by someone.
70. **Hemophobia** – The fear of blood. Even the sight of blood can cause a sufferer to pass out.
71. **Gamophobia:** The fear of commitment or being with someone to the end.
72. **Hippopotomonstrosesquippedaliophobia** – The fear of long words.
73. **Xenophobia:** The fear of the unknown. Fearing anything or anyone that is strange, alien or foreign.
74. **Vehophobia** – The fear of driving a vehicle. Carts, wagons etc.
75. **Basiphobia:** The fear of falling.
76. **Achievemephobia:** The fear of success. The opposite to the fear of failure.
77. **Theophobia:** The fear of Gods or religion.
78. **Ailurophobia:** The fear of cats. This is also known as Gatophobia.
79. **Metathesiophobia:** The fear of change.
80. **Globophobia:** The fear of balloons.
81. **Nyctophobia:** The fear of darkness. Being afraid of the dark or the night is very common.
82. **Androphobia:** The fear of men. Usually seen in young females, but it can also affect adults too.
83. **Phobophobia:** The fear of fear itself.
84. **Philophobia:** The fear of love. Scared of falling in love or emotions that follow.
85. **Triskaidekaphobia:** The fear of the number 13 and the bad luck that follows it.
86. **Emetophobia:** The fear of vomiting and the fear of the gag reflex.
87. **Gephyrophobia:** The fear of bridges and the crossing of even the tiniest bridge.
88. **Entomophobia:** The fear of bugs and insects, also related to Acarophobia.
89. **Lepidopterophobia:** The fear of butterflies and most winged insects.
90. **Panophobia** – The fear of everything and the fear that terrible things are going to happen.
91. **Podophobia:** The fear of feet.
92. **Paraskevidekatriaphobia:** The fear of Friday the 13th.
93. **Somniphobia** – The fear of going to sleep. Being terrified of what might happen when you fall asleep.
94. **Gynophobia:** The fear of women. May occur if you have "mommy" issues.
95. **Apiphobia:** The fear of bees.
96. **Koumpounophobia** – The fear of buttons. Clothes with buttons are to be avoided.
97. **Anatidaephobia:** The fear of ducks.
98. **Pyrophobia:** The fear of fire.
99. **Ranidaphobia:** The fear of frogs.
100. **Ovinophobia:** The fear of sheep and goats.

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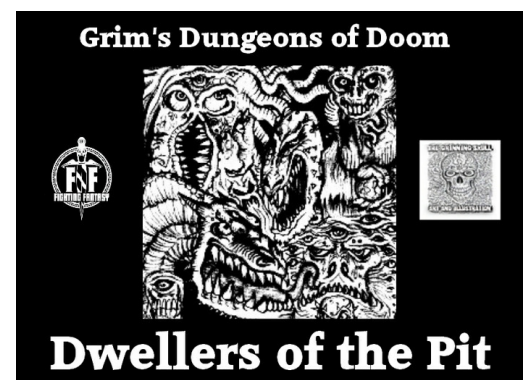
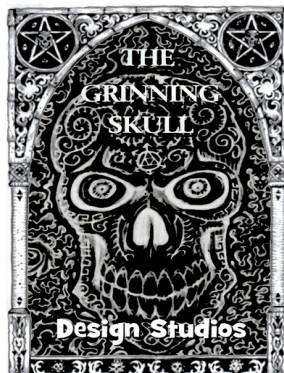
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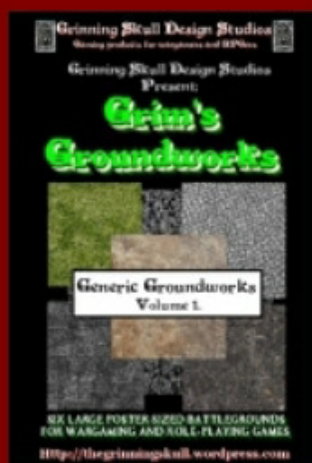
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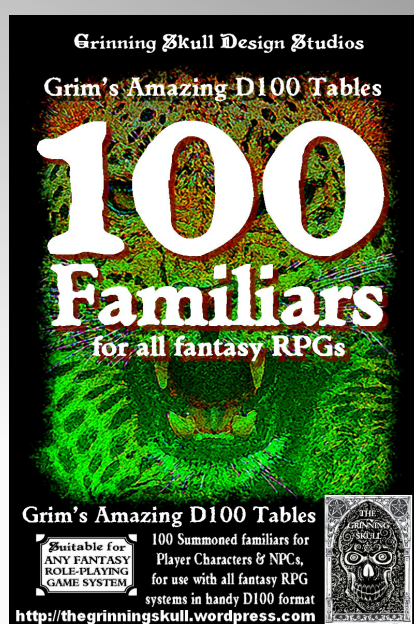
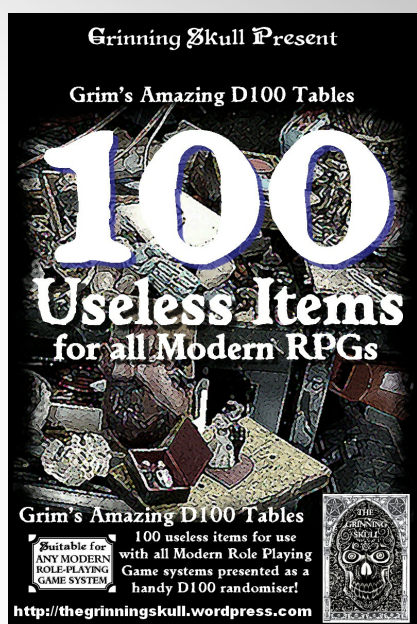


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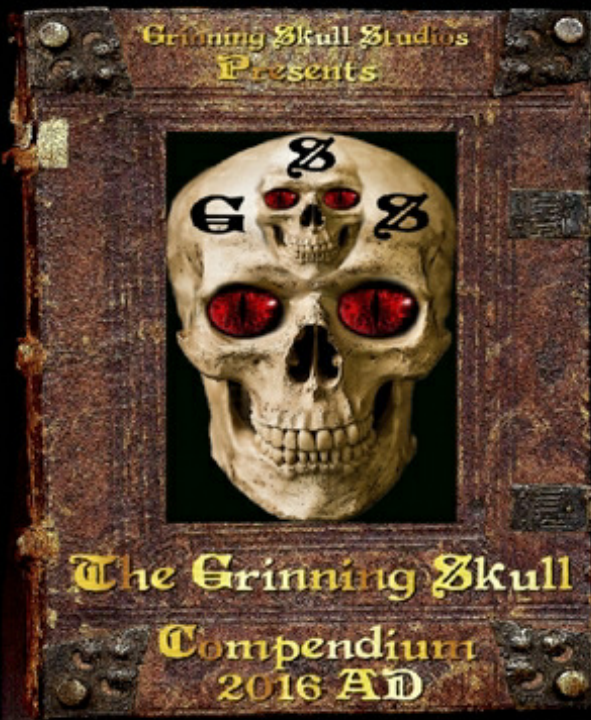
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